

Bosvigo School



Policy for Food

March 2010

This policy is published in the Policy Document File. The policy was developed in consultation with the Health Promotion Service, Parents, Governors and Staff. Related policies are those for, Drug Awareness, Behaviour, Science, Race Equality and Equal Opportunities

Responsibility

The Bosvigo School community, (including Wraparound) recognises the important connection between a healthy lifestyle, including food choices, hygiene and food safety and physical activity, and the ability to learn and work effectively in all areas of our lives. We recognise the role that the school can play in raising awareness for all aspects of food and nutrition and therefore, promoting healthy lifestyle choices.

Mission

In line with our school mission statement, our food mission is to improve the health of the Bosvigo School community by establishing and maintaining life-long healthy eating habits. We will accomplish this through food education and skills, the food served in our school, and consistent messages in all areas of school life.

Specific Roles

The teacher with responsibility for coordinating this Food policy with the Headteacher is Mrs Gabriele.

Aims

- Through the formal curriculum, we will ensure information relating to food and nutrition is consistent. This specifically involves, Personal, Social and Health Education(PSHE) (including hygiene and safety), DT, Science, PE and cross-curricular work.
- We will provide safe, tasty and nutritious food and a safe, easily available water supply during the school day, including extended services.
- We will encourage healthy lunchbox choices and provide appropriate storage.
- We will make the provision and consumption of food an enjoyable and safe experience by providing a welcoming and attractive environment with fair and effective organisation.
- We will continue to develop a healthy tuck shop, and will promote healthy snacks at all school events.
- We will aim to ensure that food provision in the school reflects the requirements of individuals.
- We will provide visual messages throughout school to support and encourage this consistent message.
- We will continue to involve the school forum in gathering ideas to inform decision making.
- We will develop children's understanding and awareness of food origins, sustainability and its impact on carbon emissions.
- Children will be provided with opportunities to experience food from other cultures.
- We will invite members of the whole school community to join the children in the dinner hall.

Objectives

Every Child Matters, which led to the Children Act (2004), emphasised the importance of food, hygiene and economic well-being in schools. They play a vital role in achieving these outcomes:

- Being healthy
- Staying safe
- Enjoying and achieving
- Making a positive contribution
- Achieving economic well-being.

The Food objectives of Bosvigo School Community reflect these outcomes:

- To cross-reference food and nutrition with curriculum areas.
- To ensure all staff involved in food preparation and serving have the appropriate training and support.
- To reinforce the consistent message of healthy food choices and storage.
- To be consistent in dining room rules and behaviour, following the behaviour policy.
- To provide good role models, displaying good manners and fairness, particularly at lunchtime.
- To liaise with Friends Of Bosvigo School Association (FOBSA) to promote the availability of healthy snacks and drinks at all social events.
- To use Health Promotion Services and other agencies, where appropriate.
- To ensure food providers are aware of individual food requirements.
- To include the food and nutrition message in staff handbook, school website, prospectus and newsletters.
- To share up-to-date and topical food related issues, through discussions and visual displays.
- To engage and encourage the children to make positive contributions through support groups, including SNAG and the school forum.
- To maintain our Healthy Schools status.

Monitoring and Evaluation

The named Food co-ordinator is responsible for monitoring the Food objectives at Bosvigo School. This can be achieved through:

- Planning and work scrutiny
- Self-assessment tools
- Discussions

The co-ordinator will report the effectiveness of the Food policy on pupil development to SMT and governors. The named governor will liaise with the co-ordinator to share developments.

The co-ordinator will receive up-to-date training and will cascade this to the staff to improve practice within the whole school.

To ensure the full effectiveness of this policy it will be shared with teachers and parents. Pupils will be made aware of relevant sections and this will be done through school and class forums or as part of formal lessons.

Monitoring will be carried out by Mrs Gabriele and Headteacher.

School forum will include policy on agenda and feedback will be recorded in minutes.

Liaison with kitchen staff and lunchtime supervisors will be on-going.

Review date: March 2013